

Where to go for QUICK CARE

Save yourself time by knowing where to go for which type of care.




GHC Care OnDemand - 24/7/365 Virtual Care

Receive 24/7/365* non-emergency virtual medical care from a licensed provider, nurse or therapist using your computer, tablet or smartphone. Learn more at ghcscw.com/virtual-care.

Examples Include:

- Allergies
- Cold, cough, flu, fever
- Diaper rash
- Head lice
- Minor aches, pains, infections
- Minor cuts, scrapes, burns
- Minor sprains and strains
- Non-emergency mental health concerns
- Sinus infections
- Insect stings and bites
- Minor bumps and rashes
- Urinary tract infections (UTI)

 Care OnDemand visits are **free** for most members.

GHC NurseConnect
Available 24/7/365
Call (608) 661-7350

**Virtual Urgent Care
Powered by KeyCare**
Available 24/7/365
Visit [GHCMYChartSM](#)

**E-Visits
Powered by KeyCare**
Available 24/7/365
Visit [GHCMYChartSM](#)

**Virtual Therapy
Powered by MDLIVE**
Available 24/7/365
Visit [GHCMYChartSM](#)



Urgent Care - GHC-SCW Capitol Clinic - (608) 442-8100

Urgent Care is for non-life-threatening conditions that need to be treated that same day or after business hours. Contact your primary care clinic first to check same-day appointment availability with your care team or call (608) 442-8100 to schedule a same-day urgent care appointment.

Examples Include:

- Back pain
- Ear pain
- Cuts or scrapes
- Eye irritation
- Fever
- Migraine headaches
- Sore throats
- Simple bone fractures (not through skin)
- Sprains
- Skin rashes
- Urinary burning



Emergency Care - Nearest Hospital or Dial 911

Emergency care is for life-threatening medical conditions that can cause serious danger to your health. Learn more at ghcscw.com.

Examples Include:

- Alcohol or drug overdose
- Amputations or severe lacerations
- Compound bone fractures (through skin)
- Complications during pregnancy
- Heart attack/chest pain
- Facial or eye trauma
- Knife/gunshot wound
- Loss of consciousness
- Poisoning
- Respiratory problems
- Severe burns
- Strokes

BETTER TOGETHERSM

Group Health Cooperative of South Central Wisconsin (GHC-SCW)

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*For E-Visits, members must be physically located in one of the following states during the entirety of the visit: AL, CA, CT, FL, ID, IL, ME, MI, MN, MT, NE, NV, NH, NC, OH, SC, SD, WI or WY.

 **Group Health
Cooperative**

ghcscw.com