# Where to go for QUICK CARE

Save yourself time by knowing where to go for which type of care.





Care OnDemand most members.

**GHC NurseConnect** Call (608) 661-7350

visits are free for

## GHC Care OnDemand - 24/7/365 Virtual Care

Receive 24/7/365 non-emergency virtual medical care from a licensed provider, nurse or therapist using your computer, tablet or smartphone. Learn more at ghcscw.com/virtual-care.

### **Examples Include:**

- Allergies
- Cold, cough, flu, fever
- Diaper rash
- Head lice

- Minor aches, pains, infections
- Minor cuts, scrapes, burns
- Minor sprains and strains
- Non-emergency mental health concerns
- Sinus infections
- Insect stings and bites
- Minor bumps and rashes
- Urinary tract infections (UTI)

Virtual Urgent Care Powered by KeyCare Visit GHCMyChart<sup>SM</sup>

**E-Visits** Powered by KeyCare Visit GHCMyChart<sup>SM</sup>

Virtual Therapy Powered by MDLIVE Visit GHCMyChart<sup>sm</sup>



## Urgent Care - GHC-SCW Capitol Clinic - (608) 442-8100

Urgent Care is for non-life-threatening conditions that need to be treated that same day or after business hours. Contact your primary care clinic first to check same-day appointment availability with your care team or call (608) 442-8100 to schedule a same-day urgent care appointment.

### **Examples Include:**

- Back pain
- Eye irritation
- Sore throats
- Sprains

- Ear pain
- Fever
- Simple bone fractures
- Skin rashes

- Cuts or scrapes
- Migraine headaches
- (not through skin)
- Urinary burning



## **Emergency Care - Nearest Hospital or Dial 911**

Emergency care is for life-threatening medical conditions that can cause serious danger to your health. Learn more at ghcscw.com.

#### **Examples Include:**

- Alcohol or drug overdose
- Amputations or severe lacerations
- Compound bone fractures (through skin)
- Complications during pregnancy
- Heart attack/chest pain
- Facial or eye trauma
- Knife/gunshot wound
- Loss of consciousness
- Poisoning
- Respiratory problems
- Severe burns
- Strokes





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