

# GHC-SCW's Autism Program



## Our services include the following:

### Social & Emotional Skills Development

For ages 4 to 16 - emotional skills 6 to 16, social skills 4 to 16. The child must be able to communicate in full sentences.

**Settings:** In-clinic (available for Wisconsin residents) and in-home (available for Dane County residents), telehealth as appropriate.

**Focus:** Helping children and teens build emotional awareness, self-regulation and social interaction skills. Includes:

- Peer interaction and relationship-building
- Emotional regulation strategies
- Parent coaching and support

### Speech and Language Therapy

For ages 3 to 18.

**Settings:** Clinic-based, telehealth as appropriate.

**Focus:** Supporting communication, language development and social-pragmatic skills. Includes:

- Making speech sounds (articulation and phonology)
- Understanding and using language (expressive and receptive language)
- Using devices, signs or other ways to communicate (augmentative and alternative communication)
- Social communication such as self-advocacy and perspective-taking

GHC-SCW is committed to excellence in care through our Autism Services!

We offer neuroaffirming and multidisciplinary, evidence-based services to patients diagnosed with Autism Spectrum Disorder (ASD) and their parents/caregivers.

Our approach leverages the expertise of various professionals while maintaining the family at the center of all decision-making processes.

### Occupational Therapy

For ages 3 to 18.

**Settings:** Clinic-based, telehealth as appropriate.

**Focus:** Enhancing sensory processing, motor skills and daily living abilities. Includes:

- Understanding and managing sensory needs
- Building strong hand and finger skills
- Learning self-care skills
- Improving focus, planning and problem-solving

If interested in these services, please ask for a referral from your child's primary care doctor. Someone from our team will reach out to get more information and plan next steps. Insurance Prior Authorization is required. For general questions about the program, please contact Stacey Knott at (608) 441-3290.

## BETTER TOGETHER<sup>SM</sup>

Group Health Cooperative of South Central Wisconsin (GHC-SCW)  
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 **Group Health  
Cooperative**

of South Central Wisconsin