

GHC-SCW BEHAVIORAL HEALTH



At GHC-SCW, we believe in caring for your mind and body. We provide access to a full range of behavioral health services.



Types of Behavioral Health Care Services at GHC-SCW

- Individual Therapy
- Psychiatry
- Couples Therapy
- Family Therapy
- Group Psychotherapy
- Substance Use Disorder Treatment
- Autism Spectrum Diagnostic Evaluation and Treatment Services
- Urgent/Crisis Behavioral Health Care
- And More

Visit ghcscw.com and go to **Get Care → Behavioral Health** to learn more.



GHC-SCW Behavioral Health Team

GHC-SCW Behavioral Health Providers include Licensed Clinical Social Workers, Professional Counselors, Marriage and Family Therapists, Psychiatrists, Psychologists, Nurse Practitioners, Physician Assistants and more. You can access their services at Capitol Regent Behavioral Health Clinic, East Clinic, Hatchery Hill Clinic and Sauk Trails Clinic.

Call the GHC-SCW Behavioral Health team at **(608) 441-3290** to get started.



GHC Foundations Intensive Outpatient Program (IOP)

GHC Foundations IOP is a treatment program for members who are either stepping down from higher levels of behavioral health care or could use more intensive services than outpatient therapy and medication management. The program is daily group psychotherapy, with individual therapy once a week, learning skills to enhance abilities to tolerate stress and regulate emotions. A virtual program is also available.

Your PCP or Behavioral Health Provider will write you a referral to participate.

BETTER TOGETHERSM

Group Health Cooperative of South Central Wisconsin (GHC-SCW)
MK23-29-1(8.23)FL

 **Group Health
Cooperative**

of South Central Wisconsin

ghcscw.com

BEHAVIORAL HEALTH



Behavioral Health & Group Therapy

You are not alone and we offer opportunities for you to join those on a similar journey as you navigate challenges in your life. We offer evidence-based group psychotherapy.

Visit ghcscw.com and go to **Get Care → Behavioral Health** to learn more.



Substance Use and Addiction Services

Access many local and online substance use and addiction services through our network partners.

Visit ghcscw.com and go to **Get Care → Behavioral Health** to learn more.



Virtual Therapy *powered by MDLIVE*[®]

Access a therapist from your home, office or on-the-go, 24/7/365. Licensed therapists and board-certified psychiatrists visit with you either by phone or secure video to help treat any non-emergency mental health condition. Visits are free for most members.*

Go to ghcscw.com/MDLIVE.



Expansive Behavioral Health Network

Through GHC-SCW, you have access to hundreds of Behavioral Health Providers in the area.

Check out our **Find a Provider** tool at ghcscw.com for a complete list that you can filter by specialty, network, modality and more. Simply click the **Find a Provider** button on our website, select your network in the drop-down menu and select **Search for a Behavioral Health Provider**.

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*Virtual Therapy visits powered MDLIVE[®] are not available for Medicare Select, BadgerCarePlus or MMSD-Quartz patients. Plan conditions apply for members with HSA benefit plans.

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