

Under the Affordable Care Act (ACA), many preventive health services are covered with zero out-of-pocket costs to members.\* This means that for qualifying services provided by an in-network provider under your plan, there is no out-of-pocket cost to you — even if you have not met your yearly deductible.

GHC-SCW insurance plans cover many preventive services during routine preventive physical health exams. **However, if a new or existing health problem is discussed during a preventive health care visit, a separate office visit will be billed according to national coding and billing guidelines. Similarly, screenings, tests and other health services related to the ongoing treatment of a previously diagnosed condition will not be covered as preventive. You may be responsible for out-of-pocket costs (copay, coinsurance or deductible) for these additional services.** For more complete information on available services, please visit [HealthCare.gov](https://www.healthcare.gov) or call GHC-SCW Member Services at (608) 828-4853 or toll free at (800) 605-4327 and request Member Services.

## Preventive care benefits for adults

**Abdominal aortic aneurysm one-time screening** for men aged 65 to 75 years who have ever smoked.

**Alcohol misuse screening and counseling.**

**Aspirin use** to prevent cardiovascular disease for men and women of certain ages.

**Blood pressure screening** for all adults.

**Cholesterol screening** for adults of certain ages or at higher risk.

**Colorectal cancer screening** for adults age 45 to 75.

**Depression screening** for all adults.

**Diet and physical activity counseling** for adults at increased risk for cardiovascular disease.

**Falls prevention** exercise or physical therapy for adults age 65 years and over, who are living in a community setting and at increased risk for falls.

**Hepatitis B screening** for non-pregnant adults at high risk for infection.

**Hepatitis C screening** for adults aged 18 to 79 years.

**HIV screening** for everyone ages 15 to 65, and others at increased risk.

**Immunization vaccines** for adults—doses, recommended ages and recommended populations vary:

- COVID-19
- Diphtheria
- Hepatitis A
- Hepatitis B
- Herpes Zoster (shingles)
- Human Papillomavirus (HPV)
- Influenza (flu shot)
- Measles
- Meningococcal
- Mumps
- Pertussis (whooping cough)
- Pneumococcal
- Rubella
- Tetanus
- Varicella (chickenpox)

**Intensive behavioral weight loss interventions** for adults with a body mass index (BMI) of 30 or higher.

**Lung cancer screening** for adults age 50 to 80 years with a history of smoking

who currently smoke or have quit within last 15 years.

**Prediabetes and Diabetes (Type 2) screening** for adults age 35 to 70 years who are overweight or obese; and referral of patients with prediabetes to effective preventive interventions.

**Preexposure prophylaxis (PrEP)** to persons who are at high risk of HIV acquisition.

**Sexually transmitted infection (STI) prevention counseling** for adults at higher risk.

**Skin cancer counseling** for children, adolescents and young adults up to age 24 who have fair skin.

**Statin preventive medication** for adults age 40 to 75 at high risk.

**Syphilis screening** for adults at higher risk.

**Tobacco use screening** for all adults and cessation interventions for tobacco users.

**Tuberculosis screening** for certain adults without symptoms at high risk.

**Unhealthy drug use screening** in adults age 18 years or older.

## Preventive care benefits for pregnant women or women who may become pregnant

**Breastfeeding comprehensive support and counseling** from trained providers, and access to breastfeeding supplies, for pregnant and nursing women.

**Bacteriuria** screening using urine culture in pregnant persons.

**Chlamydia screening** for all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection.

**Contraception:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity.

**Folic acid** supplements for women who may become pregnant.

**Gestational diabetes screening** for women 24 or more weeks pregnant (preferably between 24 and 28 weeks)

**Gonorrhea screening** for all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection.

**Healthy weight behavioral counseling interventions** for pregnant persons.

**Hepatitis B screening** for pregnant women at their first prenatal visit.

**HIV screening** for all pregnant persons.

**Perinatal depression interventions** for pregnant and postpartum persons at increased risk.

**Preeclampsia prevention (low-dose aspirin) and screening** for pregnant women with high blood pressure.

**Rh incompatibility screening** for all pregnant women and follow-up testing for women at higher risk.

**Syphilis screening** for all pregnant women.

**Expanded tobacco intervention and counseling** for pregnant tobacco users.

## Other preventive care benefits for women

**Breast cancer chemoprevention counseling** for women at higher risk.

**Breast cancer genetic test counseling and testing (BRCA)** for women at higher risk.

**Breast cancer mammography screenings** every 1 to 2 years for women age 40 and older.

**Cervical cancer screening:**

- Cytology (Pap test) every 3 years for women ages 21 to 65.
- High-risk human papillomavirus (hrHPV) testing alone, or in combination with a Pap test every 5 years for women ages 30 to 65.

**Chlamydia screening** for all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection.

**Diabetes screening** for women with a history of gestational diabetes who aren't currently pregnant and who haven't been diagnosed with type 2 diabetes before.

**Domestic and interpersonal violence screening and counseling** for all women.

**Gonorrhea screening** for all sexually active women 24 years or younger and in women 25 years or older who are at

increased risk for infection.

**HIV screening and counseling** for adolescents and women.

**Osteoporosis screening** for women 65 and older or at higher risk.

**Syphilis screening** for women at increased risk.

**Tobacco use screening and interventions** for all women.

**Urinary incontinence screening** for women yearly.

**Well-woman visits** to get recommended services for women.

## Preventive care benefits for children and adolescents

**Alcohol, tobacco, and drug use assessments** for adolescents.

**Autism screening** for children at 18 and 24 months of age.

**Behavioral assessments** for children age 0 to 21 years.

**Bilirubin concentration screening** for newborns.

**Blood pressure screening** for children age 0 to 21 years.

**Blood screening** for newborns.

**Cervical dysplasia screening** for sexually active females age 21.

**Depression screening** for adolescents beginning routinely at age 12.

**Developmental screening** for children under age 3.

**Dyslipidemia screening** for all children once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders ages 2 to 17 years.

**Fluoride chemoprevention supplements** for children without fluoride in their water source starting at 6 months.

**Fluoride varnish** for all infants and children as soon as teeth are present.

**Gonorrhea preventive medication** for the eyes of all newborns.

**Hearing screening** for all newborns; for children age 4, 5, 6, 8 and 10 (with risk assessments at other appointments); and

for adolescents once between 11 and 14 years, once between 15 and 17 years, and once between 18 and 21 years.

**Height, weight and body mass index (BMI) measurements** for children age: 0 to 21 years (for height and weight) and 2 to 21 years (for BMI).

**Hematocrit or hemoglobin screening** for all children.

**Hemoglobinopathies or sickle cell screening** for newborns.

**Hepatitis B screening** for non-pregnant adolescents at high risk.

**HIV screening** for adolescents 15 and older and younger adolescents at increased risk.

**Hypothyroidism screening** for newborns.

**Immunization vaccines** for children from birth to age 18 — doses, recommended ages, and recommended populations vary:

- COVID-19
- Diphtheria
- Haemophilus influenza type b
- Hepatitis A
- Hepatitis B
- Human Papillomavirus (HPV)
- Inactivated Poliovirus
- Influenza (flu shot)
- Measles
- Meningococcal (meningitis)
- Mumps
- Pertussis (Whooping Cough)
- Pneumococcal
- Rotavirus
- Rubella
- Tetanus
- Varicella (Chickenpox)

**Iron supplements** for children age 6 to 12 months at risk for anemia.

**Lead screening** for children at risk of exposure.

**Medical history** for all children throughout development age 0 to 21 years.

**Obesity screening and counseling.**

**Oral health risk assessment** for young children age 0 to 6 years.

**Phenylketonuria (PKU) screening** for newborns.

**Preexposure prophylaxis (PrEP)** to persons who are at high risk of HIV acquisition.

**Sexually transmitted infection (STI) prevention counseling and screening** for adolescents at higher risk.

**Skin cancer counseling** for children, adolescents and young adults age 6 months to 24 years who have fair skin.

**Tobacco use education and counseling** for school-aged children and adolescents.

**Tuberculin testing** for children at higher risk of tuberculosis age 0 to 21 years.

**Vision screening** for all children.

\*For "grandfathered" health plans (plans with enrollment as of and since March 23, 2010), the ACA's provisions requiring that Preventive Health Services be provided with zero out-of-pocket costs to members do not apply. Members with "grandfathered" health plans who receive services listed within this document may be subject to out-of-pocket costs.

# BETTER TOGETHER<sup>SM</sup>

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 **Group Health  
Cooperative**

of South Central Wisconsin

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